



MENUCHA CONFERENCE CENTER
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FIRST ANNUAL MENUCHA PHOTO CALENDAR CONTEST!

Ever taken some great photos at Menucha? Enter them in the first annual Menucha Photo Calendar Contest! Twelve photographs will be selected based on how they convey Menucha's beauty. There are so many ways folks can capture beauty here: Gorge views, gardens, animals, special spots, and people are all possibilities. Photos may be color or black and white.

"This is such a beautiful place and a calendar will be a year-round reminder to folks that they should come back again," said Menucha's Executive Director, Spencer Parks.



This project is possible because a person who loves Menucha is volunteering her time and expertise in graphic design. When she called our office recently, offering to help out in any way, we told her of our dreams for this project and she signed on enthusiastically. We are so grateful!

Each photograph should be accompanied by a \$25.00 entry fee. There is no limit to the number of entries you may submit. Everyone will receive one free calendar per entry. Those whose photos are selected for the calendar will each receive five free calendars. Among the twelve winning photos, one will be named grand prize winner. This person also will receive a night in our Hideaway with breakfast for two. Winners will be announced on or before May 30, 2018.

The contest is open to any individual with the exception of Menucha employees and governing board (Menucha Commission) members. Families of staff, instructors and volunteers are welcome to submit entries. See our webpage for all the rules: <https://Menucha.org/calendar-contest>

Entries may be submitted using the online form by May 1, 2018, or by mail. Those mailing photos should have them postmarked by April 15, 2018, to make sure they arrive in time for the judging process. Mail to: Menucha Calendar Contest, Attn: Lauren Deming, PO Box 8, Corbett, OR 97019.

For online entries, please pay attention to our instructions on how to label your photo: Please avoid using anything other than numbers and letters, as other symbols and punctuation might stop the uploading process. Please include your Subject or Photo Title followed by an underscore, then your FirstLast name in the file name. Exclude spaces. Example: GorgeWithRainbow_ChrisSmith

Please consider our 2019 Menucha Photo Calendar as you plan your holiday giving. They will be available for purchase in our gift shop and online starting in September.

Menucha is an ecumenical community-based mission of
 First Presbyterian Church of Portland, Oregon

Spring 2018

Menucha is a sacred sanctuary held in stewardship as an ecumenical, community-based mission of First Presbyterian Church – Portland. Our mission is to enrich lives through hospitality, learning, reflection and renewal.

CONTACT INFORMATION



You may join our mailing list or update the information we have for you by returning this form to us, or by contacting us:

PHONE 503-695-2243
 FAX 503-695-2223
 EMAIL office@menucha.org
 MAIL PO Box 8
 Corbett, OR 97019

Name _____
 Address _____
 City, State, Zip _____
 Email address _____
 I would like to receive Menucha communications via:
 Email Regular mail

PLANNED GIVING: SECURING MENUCHA'S FUTURE

Remembering Menucha in your estate planning can have positive consequences for both Menucha and you. By setting up a Charitable Trust, you provide Menucha with a source of income in the future while guaranteeing yourself and/or your loved ones a steady income stream now. You may even avoid costly capital gain taxes. It's a wonderful way to support the mission of Menucha for years to come. We have excellent representatives who can speak with you and your financial planner to answer any questions you might have about planned giving or estate planning. Please call our office at 503-695-2243 for more details.

DONATE ONLINE

Now, it's easier than ever to support Menucha. You can donate using your credit card with our secure on-line form. Simply go to www.friendsofmenuchafoundation.org and click on the "Donate Today" link. You may also print out a Donor Form and mail it to Menucha.

We are grateful for all gifts, large or small. Your gifts help us expand our programs, improve our facility and reach out to groups and individuals from around the Pacific Northwest and beyond. Please contact our office if you would like to remember someone special with your gift. Thank for your continued support.



FAITH, MUSIC, ART and HOSPITALITY Spencer Parks, Menucha Executive Director

It's hard to believe, but a dozen or so years back Menucha offered no programs at all. We were strictly a facility that offered the gift (some would even call it a ministry) of hospitality. For over 50 years Menucha honed and sharpened that gift of hospitality until we became known as one of the most caring, friendly, hospitable facilities around. I can't say we perfected it as we were always looking for ways to improve. We continue in that tradition today. Guests frequently comment on our hospitality; it's one of the things for which we're most proud. It's one of the things for which we work hardest. It's one of the major things we work most on improving.



Some years ago we began offering our own programs. These programs have varied in content, especially in our early days, but a few years ago we finally settled into programming in three distinct areas: Faith, Music, and Art. In actuality, these three areas mirror the deep interests of First Presbyterian Church in Portland (the church that has owned and operated Menucha for the last 68 years). Our congregation has a strong emphasis on faith (I suspect that kind of goes without saying), music (we have one of the strongest and best music programs in the area....even our own concert series: Celebrations Works) and art (we keep a rotating art exhibit in our chapel area featuring well known and up and coming artists, open daily and free to the public). Like our sponsoring congregation, we have made a commitment to offer the very best we can find.

FAITH-BASED PROGRAMS: These are programs aimed at leadership development for clergy and lay leaders in congregations. The programs are not exclusively Presbyterian and are open to everyone. We have had some impressive authors and speakers grace our grounds: Dr. Tom Long, Dr. Phyllis Tickle, Dr. Roger Nishioka, just to name a few. While their names may not be familiar to you, please know that they are some of the most respected authorities in their fields. We feel that if you're a leader in your faith organization, you deserve to have access to the best.

MUSIC: It all started with our Ukulele Band Camp eight years ago. We partnered with the Portland Ukulele Association and asked one of their leaders, Marianne Brogan, to be our artistic director. She was able to bring some of the rock stars of the ukulele world to Menucha. These folks are not only great musicians, but talented instructors as well. That's a rare combination to find, but we've managed to successfully find such people for all of our music programs...a number of them Grammy winners. If you've got a few minutes and want to check out some of our instructors go to YouTube and look up James Hill (ukulele), Pat Donahue (blues guitar), and Lori Lewis (bluegrass). We feel that if you want to learn music, you deserve to have access to some of the finest musicians around.

ART: For a number of years we have partnered with the Watercolor Society of Oregon to provide excellent watercolor workshops. We also sponsor Scrap and Sew weekends, an opportunity for crafters of all types to gather and work on their crafts. We've had knitters, spinners, quilters, scrapbookers, model makers and more. It's been a wonderful time to get away and concentrate on something creative.

The theme that unites all of our programs is hospitality. We provide quality educational experiences with outstanding hospitality. Whether you are attending one of our workshops or are a guest here with your own group, we'll do our best to make you feel at home, like you belong here. It's just one of the many things that makes Menucha special.



Please join us
for our annual
EASTER SUNRISE SERVICE
at MENUCHA
Sunday, April 1st
at 6:30 a.m.

All are welcome!

We invite you to gather with us as we celebrate our Lord's resurrection and new life! The service will be held in Wright Hall, with coffee and pastries served after the service.

38711 E. Historic Columbia River Hwy, Corbett • 503-695-2243

Sponsored by Menucha and East Multnomah County Presbyterian Churches

Robert DeGraff photo, used with permission



SAVE THESE DATES!

SATURDAY, AUGUST 11, 2018

Friends of Menucha Foundation presents
Menucha Country Fair and Ice Cream Social
Fun for the entire family!

SUNDAY, SEPTEMBER 9, 2018
Friends of Menucha Foundation presents
15th Annual Fundraising Dinner
"The Road Ahead"

We're especially excited for our dinner
this year since we had to cancel
our event in 2017 due to the
Eagle Creek wildfire in the Gorge.





THE COOKTOP—a favorite recipe from the Menucha Kitchen Colin Bradley and David Bell, Kitchen Co-Managers

MENUCHA'S WHITE BREAD RECIPE

How you feel has an effect on the way food tastes. In January we hosted the Session Retreat for First Presbyterian Church Portland. Part of their experience while at Menucha was to make bread. Each member made a loaf of bread and contributed a piece of their dough to make up a communion loaf to be shared.



Most bakery products are made of the same few ingredients: flour, fat, sugar, eggs, leavenings and liquid. However, the mixing methods vary.

Steps in yeast dough production:

- **Scaling Ingredients:** all ingredients have to be measured correctly.
- **Mixing:** two reasons are to mix ingredients into a dough and distribute yeast.
- **Fermentation:** yeast consumes sugars and starches to produce carbon dioxide gas and alcohol.
- **Punching:** expelling carbon dioxide to redistribute the yeast and relax gluten.
- **Scaling:** dividing the dough into uniformly weighted pieces.
- **Rounding:** shaping dough into smooth balls, to stretch gluten and retain gases.
- **Benching:** resting dough for 10-15 minutes to relax gluten.
- **Makeup:** shaping dough into loaves and placing in pans or on baking sheets.
- **Proofing:** continuation of fermenting to increase the volume.
- **Baking:** oven, coagulation of protein, gelatinization of starches, formation and browning or crust.
- **Cooling:** removing bread from pan and cooling rapidly on rack to allow moisture to escape.
- **Storing:** breads may be left on rack for up to 8 hours. If they will not be used that quickly, wrap and freeze.

2 tablespoons instant yeast	1 tablespoon salt
7 cups bread flour	2 ½ cups warm water (105° to 115° F)
1 tablespoon sugar	4 ounces fat (butter, margarine or shortening)

Mix together yeast, flour, sugar, and salt. Add warm water, and mix together to incorporate. Add fat and knead until dough is smooth and forms into a ball.

Make into loaves, baguettes or rolls. Lightly oil container and put dough in container.

Cover the bowl with a towel and place in a warm (80°) area for 1 ½ hours until doubled in size. Dough may be stored in refrigerator overnight and brought back to temperature for more flavor.

Bake at 375° F for 45 minutes to 1 hour or until internal temperature reaches 190 -200°.



Like us on Facebook

Menucha.Retreat.Center



Follow us on Twitter

@MenuchaRetreat



FACILITIES UPDATE—Tim Kurkinen, Facilities Manager

It's February and it's snowing outside. Winter is attempting one last salvo before it throws in the towel.

This weather system took many of us by surprise, causing business and school closures in East Multnomah County for a least one week. Despite the inconveniences it caused, it was beautiful (no east wind or freezing rain!) Thanks to Karen Hawley, who captured our front gate in its winter splendor.

As always, we do what we can to keep our roads plowed and cleared in hopes that the weather will help out with the rest. The roads are definitely showing their age. Pot holes and low spots, cracks and wearing are all visible from place to place. Repairs are in the planning phase, which includes the timing for such an enormous project. Typically the best time of the year to pour pavement is the same time of the year that Menucha is busy!

As soon as this winter weather gives up we will begin the many processes of springtime preparation for the grounds. Mulching, mowing, weeding, and cleaning and painting the pool are all on the list, as they are every spring. Grass is starting to grow; we literally mowed the grass last week.

Here's to a new year!

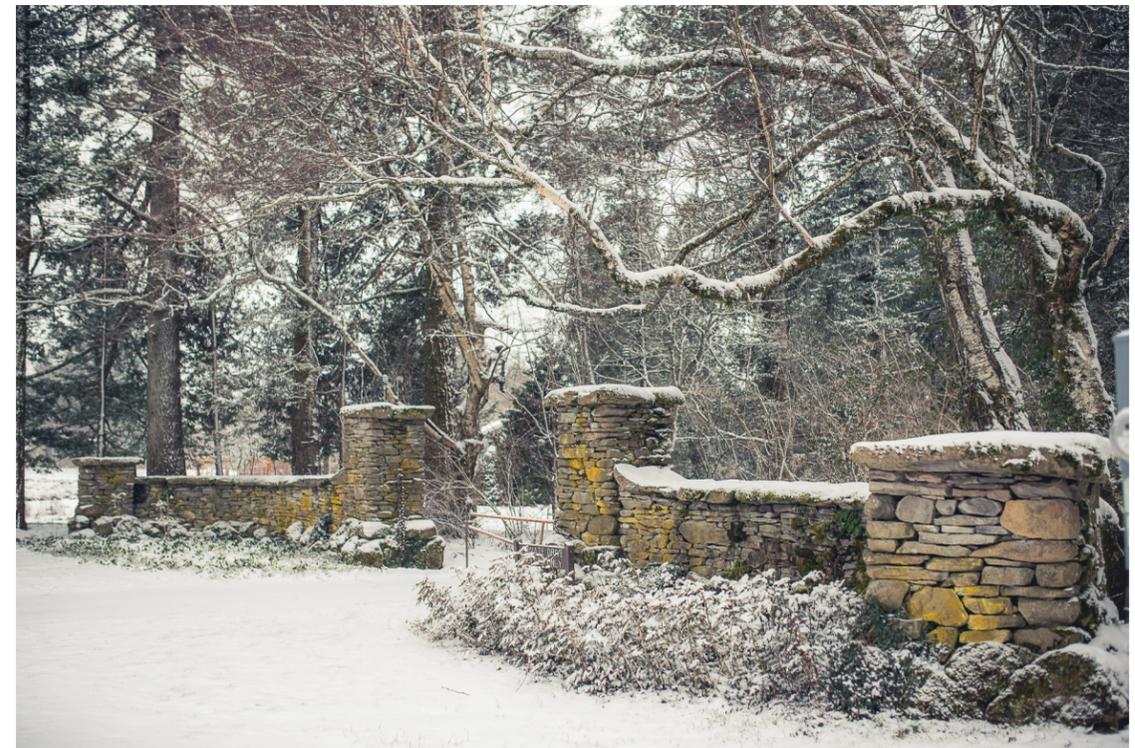


Photo by Karen Hawley, karenjhawleyphotography.com



CHECK OUT OUR MENUCHA PROGRAMS!



SCRAP & SEW CRAFT RETREATS
May 11-13, 2018 and November 2-4, 2018
 Join fellow scrapbookers, quilters, knitters and crocheters for a great weekend away. You may opt to come for either one or two nights. Newcomers are always welcome! Come by yourself or bring a friend. Relax and let Menucha's staff take care of the cooking and cleaning, and focus on doing something you love: sewing, creating albums, making cards or other crafts.

8th ANNUAL MENUCHA UKULELE BAND CAMP March 26-30, 2018

The 2018 band camp is FULL! A waiting list is available. Marianne Brogan has brought together another fabulous group of instructors: Craig Chee, Sarah Maisel, Aaron Keim, and Del Rey, along with Nova Karina Devonie and Matt Weiner. We can't wait for the music and fun to begin!



9th ANNUAL MENUCHA MOUNTAIN DULCIMER FESTIVAL April 11-14, 2018

More music! Janita Baker along with Aaron O'Rourke and Karen Mueller will delight and challenge dulcimer players. Registration is open and a fine group of people are forming for the dulcimer music-making. See our website for the most up-to-date information about availability.

BLUEGRASS IN THE GORGE with Laurie Lewis & Friends April 22-25, 2018

Do you love the sounds of bluegrass music? Join Laurie Lewis and friends for three days of music-making. Grammy Award-winning musician Laurie Lewis is internationally renowned as a singer, songwriter, fiddler, bandleader, producer and educator. Laurie will be joined by three excellent musicians and teachers:



Brandon Godman (fiddle)



Justin Hiltner (banjo)



Tom Rozum (mandolin)



Find all the details at menucha.org/programs



SPRING WATERCOLOR WORKSHOP "Watercolor — By Design" with instructor Beth Verheyden May 7-10, 2018

In this transforming 4-day workshop, Beth brings exploration and explanation to the question: What is DESIGN? You will learn to make the right choices to strengthen and develop your art as well as your confidence! Beth will share her award winning strategies on composition and design, teaching you to see shapes rather than things, values before colors, and how to form relationships throughout your painting to create harmony and community in your art. "One part will talk to the other parts!"

PRESBYTERIAN COMMUNITY OF PRACTICE September 2018—August 2019

A one year opportunity for young adults to live in intentional Christian community while putting faith into action.

Six commitments of this community:

- Regular Spiritual Practices
- Experience in Communal Living
- Participation in a Worshiping Community
- Discernment/Reflection
- Communal Work Experience/Opportunities
- Accountable Skill Building



Participants in this community will live at Menucha and will design and serve ministries in both rural and urban settings. Ministry opportunities are designed by participants in consultation with staff of Menucha and First Presbyterian Church, Portland. Specific ministries and work will depend upon the gifts, skills and interests of participants.

We are seeking interested individuals between the ages of 21 and 30, for September 2018 - August 2019. Being Presbyterian is not required. Community of Practice participants will receive room and board, plus a monthly stipend. There is no fundraising required.

For additional information, or to apply, go to our website: menucha.org/presbyterian-community-of-practice

Questions? Call Spencer or Lori at Menucha, 503-695-2243.